

# September TC HEIB Meeting

## It's an All American Backyard Beef B-B-Q



**When:** Monday, September 20, 2010

Reservations are due on or before Monday, September 13<sup>th</sup>.

**Where:** Minnesota Landscape Arboretum

**Program:** Self-guided or tram tour of the Arboretum's magnificent gardens, landscapes and natural woodlands. Enjoy & explore 1,000 acres of rolling landscapes, formal gardens, woodlands, wet-lands and prairie- - -and the ambience of a European country estate.

After dinner Dr. Mary C. Gannon along with Dr. Frank Q. Nuttall will present, **"Dietary Management of Type 2 Diabetes"**.



Frank Q. Nuttall, M.D., Ph.D.  
Professor of Medicine,  
University of Minnesota,  
Minneapolis, MN  
Director, Division of  
Endocrinology, Metabolism,  
and Nutrition, Minneapolis  
V.A. Medical Center

Mary C. Gannon, Ph.D.,  
Adjunct Professor  
Dept. of Food Science and Nutrition  
Associate Professor in Medicine  
Director of Metabolic Research  
V.A. Medical Center



*Lemonade*  
*Garden Salad*   *Red Skin Potato Salad*  
*Corn on the Cob with Roasted Asparagus*  
*Sirloin Steak*  
*Honey Butter Corn Bread*  
*Apple Turnover*  
*Ice Water/Coffee/Tea*



**Schedule:** 4:15 – 6:00 pm   Registration – Snyder Auditorium  
4:30 – 5:30 pm   Optional Tram Tour – Tram tour of grounds including Woodlands/shrubs, flowers, ponds, and trees.  
Self guided tour of the several well-designed displays/collections.  
Explore and shop the gift shop.  
5:45 – 6:00 pm   Meet back in the Snyder Auditorium  
6:00 – 7:00 pm   Dinner  
7:00 pm   Welcome, announcements & presentation.

**Cost:** \$24.50 per member/guest/student.  
Registration includes: entrance ticket, tram tour, parking, dinner and presentation.

**PDU:** Two(2) Professional Development Units (PDU's) will be available for this meeting.

**Address/Directions:** 3675 Arboretum Drive, Chaska, MN 55318  
Telephone: 952-443-1411 [www.arboretum.umn.edu](http://www.arboretum.umn.edu)

Nine miles west of I-494 on State Hwy. 5; 4 miles west of Chanhassen on Hwy. 5; and ¼ mile west of the intersection of State Hwy. 41 on Hwy 5.

**Reservation Form for**  
**Monday, September 20**  
**TC HEIB All American Backyard Beef B-B-Q**

Reservations are due to Gerry Luepke  
on or before Monday, September 13, 2010

(no refunds after September 13)

**Send reservations to:**

**Gerry Luepke**

**880 County Road E, Hudson, WI 54016**

**651-402-9972 (cell)**

**715-246-5565 (home)**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Company/School \_\_\_\_\_

Guest Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Guest would like a HEIB membership application.

**Summary of number attending:**

\_\_\_\_\_ I am planning to go on the tram tour

\_\_\_\_\_ I am not going on the tram tour

\_\_\_\_\_ x \$24.50 (member/guest/student)

A check for \_\_\_\_\_ is enclosed. Make check payable to TC HEIB.

Or

Please charge my \_\_\_\_\_ Visa or \_\_\_\_\_ Master Card.

Card Number \_\_\_\_\_ Expiration date \_\_\_\_\_