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**Speaker Information**

**Felicia Busch, MPH, RD, FADA**  
Principal, Felicia Busch & Associates Inc

**Daniel Gallaher, PhD**  
Professor, University of Minnesota

**Susan D Moores, MS, RD**  
President, SDM Communications

**Kristen, Smith, PhD, RD, LD**  
Registered Dietitian, Emily Program  
Executive Nutrition Consultant, Twin City  
Nutrition

**Heidi Springmeyer, MBA, RD**  
Account Manager, Campbells, North American  
Food Service

**Rasa Troup, MS, RD, CSSD, LD**  
Registered Dietitian, Emily Program  
Consultant, University of MN, Athletics  
Dietitian, TRIA Orthopaedic Center  
Olympic Athlete

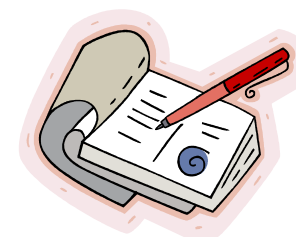


Minnesota Dietetic Association  
4940 Viking Dr. Ste 388  
Edina MN 55435



*Wednesdays with MDA*

Winter Teleseminars



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**January 13, 2010**  
**February 10, 2010**  
**March 10, 2010**

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Permit No. 1752

# Winter Teleseminars

MDA is offering three teleseminars for your educational needs.

The teleseminars will be offered the second Wednesday each month, January through March. **Each seminar will be held 2:00 — 4:00 p.m.**

Take advantage of being able to stay home or in your office and earn up to 6 CEUs for your portfolio requirements.

The series can be taken as a group or individually. See the registration form for the pricing.

**Attendance certificates sent only to registered participants upon completion of evaluation.**

Instructions for dialing into each session as well as session materials will be sent via email about one week prior to each seminar.



## Wednesday, January 13, 2010

### Full Package Deal . . . Are You Getting What You're Paying For?

Heidi Springmeyer, MBA, RD and Susan Moores, MS, RD will discuss current labeling — front and back of package. They will update you on the current practices and why is there so much confusion — is this what consumers want, what is driving the changes, who is addressing the issues, and what dietetic professionals need to do.

## Wednesday, February 10, 2010

### Current Trends in Sports Nutrition

Rasa Troup, MS, RD, CSSD, LD and Kristen Smith, PhD, RD, LD will give the latest in sports nutrition. They will review ergogenic aids and the regulations around usage of ergogenic supplements. In addition, they will address overall exercise recommendations for a variety of populations.

## Wednesday, March 10, 2010

### What's New in Nutrition—*The Latest Findings From the Lab to You and Current Consumer Trends*

*NOTE: This one only will be offered as a webinar—computer and phone based.*

Dan Gallaher, PhD and Felicia Busch, MPH, RD, FADA will talk about the latest topics hitting the market today. Dan will address those things happening in the educational and research arena. Felicia will focus on the consumer side of things, including economic factors and future issues.

## Winter Teleseminars Registration

Single/Host* MDA MEMBER	Single/Host* NON- MEMBER	Check Session(s) Attending
\$30	\$40	1 session : <input type="checkbox"/> Jan <input type="checkbox"/> Feb <input type="checkbox"/> Mar
\$55	\$72	2 sessions: <input type="checkbox"/> Jan <input type="checkbox"/> Feb <input type="checkbox"/> Mar
\$75	\$96	3 session rate
\$10/session for students		
<b>*Host responsible for dialing in and copying materials. Host receives instructions/handouts.</b>		
Additional MDA MEMBER	Additional NON- MEMBER	<i>Include your form with Host or indicate host on registration form</i>
\$25	\$35	1 session: <input type="checkbox"/> Jan <input type="checkbox"/> Feb <input type="checkbox"/> Mar
\$50	\$65	2 sessions: <input type="checkbox"/> Jan <input type="checkbox"/> Feb <input type="checkbox"/> Mar
\$60	\$70	3 session rate

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Minnesota Dietetic Association  
4940 Viking Dr Ste 388  
Edina MN 55435

Phone: 952-830-7022

Fax: 952-830-9066